

# NJSIAA vs. USTA Rules Differences

22A

## Coaching

USTA – Not permitted

NJSIAA – On the change-overs and set breaks.

## Rest Periods

USTA – 90 seconds on change-overs and two minutes after sets

NJSIAA – 90 seconds on change-overs and three minutes after sets

## Medical Timeouts

USTA – five minutes

NJSIAA – ten minutes

## Bleeding Timeouts

USTA & NJSIAA – up to 15 minutes to stop bleeding

## Bathroom Breaks

USTA & NJSIAA – no set time limit but the break should be a reasonable amount of time. Encourage players to take bathroom breaks after a set is completed.

## Match Forfeit for Late Arrival

USTA – up to 5 minutes – 1 game penalty, 5-10 minutes – 2 game penalty, 10-15 minutes – 3 game penalty, over 15 minutes – Default

NJSIAA – No penalty for lateness

## Uniform Rules

USTA – None

NJSIAA – All team members must be in the same uniform

## Warm-up Time

USTA – Five minutes

NJSIAA – Ten minutes



# USTA & NJSIAA Tennis Rule Differences

v1 10/13/06

## USTA Tennis Rules

## NJSIAA High School Tennis Rules (for team & state tournament matches)

Varies depending upon the tournament.	Balls (new)	New balls are mandatory for the 3rd set, when the match hasn't been decided.
No USTA rule	Challenge Match Forms	Coaches must present complete, valid & accurate challenge match forms. There is a one game penalty and loss of toss at each position when match forms are not presented prior to the team introductions.
No USTA rule	Coach at Match	A Board of Education or Headmaster (private school) approved coach must be present to start the match. A coach must be present for the duration of the match.
Coaching is permitted during authorized rest periods and when players are allowed to leave the court during a suspension of play.	Coaching	Coaching is permitted on changeovers (except during tie-breakers), after the warm-up period and between sets. Only authorized coaches may coach during the match.
Can only be issued by an official, referee or tournament official.	Code Violations	Coaches may impose code violations on their players, even when an official is present. Coaches should promptly notify the official when they issue a code violation.
Official should report code violations (including disqualifications) to the tournament referee or tournament director.	Disqualification	By Official - subject to NJSIAA sanctions (2 match disqualification). The official must submit an incident report to Jim Forst or Bob Abbot immediately after the match. By Coach - under normal circumstances, there wouldn't be any NJSIAA actions
Not Applicable	Introductions	All players participating in the match and a coach from each team must be present at the start of the match. Players not present at the introductions can't play.
Players are normally defaulted if they do not show up within 15 minutes of the designated start time	Match Forfeit (late arrival)	There is no defined forfeit time for team tardiness in high school matches. Waiting for the opposing team should be for a reasonable amount of time. The tardy team should call the other team to alert them to the situation.
Limited up to fifteen minutes per medical time-out.	Medical Time-Out	Limited up to ten minutes or a default will be declared.
A two (2) minute rest period permitted at the end of the first set. A mandatory ten (10) minute rest period in all juniors 2 out of 3 set matches, except for the 18's where a 2 minute rest period is given. Players may leave the court when 10 minutes is provided.	Rest Period (1st & 2nd set) Rest Period (2nd & 3rd set)	A three (3) minute (maximum) rest period permitted at the end of the first set. A ten (10) minute (maximum) rest period permitted at the end of the second set.
No USTA rule on score cards	Score Cards	The home team is responsible to provide scorecards on each court. There is a one game penalty plus loss of toss on each court without scorecards.
Not Applicable	NJSIAA Sectional & Group Finals	No warm-up is allowed on-site until both teams are present and warm-up is authorized. There is a two game penalty at each position for breaking this rule.
Not Applicable	Uniform	Players must wear appropriate tennis attire. Each player must wear an identical shirt or identical dress and same color shorts / skirts. A player not wearing an appropriate uniform may NOT participate.
The warm-up period is 5 minutes, unless lengthed by the tournament	Warmup	There is a maximum warm-up period of ten minutes